

# NCAC Century Ride 2019



NCAC Century Ride - Start at Bella Bru, 5038 Fair Oaks Blvd, Carmichael, CA 95608 (Corner of Fair Oaks Blvd & Arden Way)

Dir	Type	Notes	T	Total
		START: Bella Bru Parking Lot 5038 Fair Oaks Blvd, Carmichael		
→	Right	Exit parking lot and turn right onto Arden Way <b>SINGLE FILE</b>	01	0.1mi
←	Left	Enter William Pond Park then turn left on path towards Bike Trail	02	0.7mi
←	Left	Turn left onto Bike Trail and cross pedestrian/bike bridge	03	0.8mi
←	Veer Left	Veer left to stay on American River Pkwy Bike Trail	04	5.7mi
←	Left	Turn left to stay on Bike Trail at Fish Hatchery. At Y veer left towards Aquatic Center / Folsom Blvd; ride UNDER Bridge	05	9.8mi
→	Right	Turn Right at Aquatic Center parking lot and past pay station	06	10.3mi
→	Right	Turn right after Parking Lot to rejoin Bike Trail / utility road	07	10.8mi
↑	Cont.	Continue forward at Y to access and cross bike bridge over US-50		10.9mi
←	Left	Use Crosswalk to cross Folsom Blvd. then turn left	08	11.3mi
→	Right	Turn right onto Iron Point Rd	09	12.6mi
→	Right	Turn right into <b>REST STOP A:</b> Broadstone Shopping Center / Carl's Jr. Lot at Palladio Pkwy		16.8mi
→	Right	Turn right out of <b>Rest Stop</b> onto Iron Point Rd	10	16.9mi
→	Right	Turn right onto E. Bidwell <b>RIDE SINGLE FILE-HEAVY TRAFFIC-USE EXTREME CAUTION</b>	11	17.1mi
→	Right	Turn right onto White Rock Rd <b>NARROW RD RIDE SINGLE FILE</b>	12	18.9mi
→	Right	Turn right at Grant Line to stay on White Rock Rd <b>RIDE SINGLE FILE</b>	13	23.1mi
↑	Cont.	Continue straight on White Rock Rd crossing Sunrise Blvd		27.7mi

Dir	Type	Notes	T	Total
←	Left	Turn left onto Data Dr	14	28.9mi
X	Cross	Cross Zinfandel Dr)		29.2mi
←	Left	Turn left onto International Dr	15	30.4mi
→	Right	Turn right onto Zinfandel Dr	16	31.2mi
X	Cross	Cross Douglas Rd		33.2mi
←	Left	Turn left into <b>REST STOP B:</b> Mather Lake Rotary Rec. Area		33.3mi
←	Left	Turn left out of <b>Rest Stop</b> onto Zinfandel Dr	17	33.6mi
→	Right	Turn right onto Woodring Dr <b>Pavement Ends</b>	18	34.1mi
←	Left	Turn left onto Excelsior Rd <b>NARROW RD RIDE SINGLE FILE</b>	19	35.7mi
X	Cross	Cross Jackson Hwy and continue for aprx 7 miles to Sheldon Rd		37.5mi
←	Left	Turn left onto Sheldon Rd	20	43.1mi
→	Right	Turn right onto Grant Line Rd <b>NARROW RD RIDE SINGLE FILE</b>	21	43.3mi
→	Right	Turn right onto Bond Rd <b>NARROW RD RIDE SINGLE FILE</b>	22	44.5mi
X	Cross	Cross Elk Grove Florin Rd		47.9mi
→	Right	Turn right; ride 1 Block to <b>LUNCH STOP</b> at Panera Bread, 8519 Bond Rd, Elk Grove, CA		48.7mi
X	Cross	Cross Bond Rd out of <b>Lunch Stop</b> to head south on Elk Crest Dr		48.9mi
←	Left	Turn left on Emerald Vista Dr	23	49.2 mi
→	Right	Turn right onto Elk Grove Creek Trail Overcrossing	24	50.0mi
→	Veer Right	Veer Right to access bridge over Hwy 99	25	50.3mi
←	Left	Turn left on Laguna Springs Dr	26	50.6mi
→	Right	Turn right onto Elk Grove Blvd	27	50.9mi

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←	Left	Turn left onto Bruceville Rd <b>USE CROSSWALKS</b>	28	52.1mi
→	Right	Turn right onto Bilby Rd	29	54.2mi
→	Right	Turn right onto Willard Pkwy	30	55.8mi
←	Left	Turn immediately left onto Bilby Rd	31	55.8mi
←	Left	Turn left onto Franklin Blvd	32	56.2mi
→	Right	Turn right onto Hood Franklin Rd at stop sign	33	56.4mi
←	Left	Turn left into <b>REST STOP C:</b> Stone Lakes National Wildlife Refuge - 1624 Hood Franklin Rd		58.7mi
←	Left	Turn left out of <b>Rest Stop</b> back onto Hood Franklin Rd	34	58.9mi
→	Right	Turn right onto CA-160N / River Rd	35	60.2mi
←	Left	Turn left over Freeport Bridge	36	68.0mi
→	Right	Turn right onto South River Rd after Bridge	37	68.1mi
←	Veer Left	Veer Left and South River Rd becomes Gregory Ave	38	74.4mi
←	Left	Turn left onto Bevan Rd	39	75.0mi
←	Left	Turn left onto Jefferson Blvd	40	75.4mi
→	Right	Turn right onto Southport Rd	41	75.8mi
←	Left	Turn left into <b>REST STOP D:</b> Bridgeway Lake Community Park		76.8mi
←	Left	Turn left out of <b>Rest Stop</b> onto Southport Rd	42	76.9mi
→	Right	Turn right onto Marshall Rd	43	77.0mi
→	Right	Turn right onto Jefferson Blvd	44	78.2mi
←	Left	Turn left onto Davis Rd	45	78.5mi
←	Left	Turn left onto Village Pkwy	46	79.7mi
↑	Cont	At traffic circle, continue straight		81.9mi

Dir	Type	Notes	T	Total
↑	Cont	At traffic circle, continue straight		82.2mi
X	Cross	Cross S River Rd & ride over bridge		82.3mi
↑	Cont	S River Rd becomes 5 <sup>th</sup> St		83.6mi
→	Right	Turn right onto Tower Bridge Gateway to access Tower Bridge	47	84.0mi
←	Left	Turn left onto Old Sac Boardwalk Sacramento River Bike Trail <b>USE CROSSWALK</b>	48	84.4mi
→	Right	Turn right off bike trail onto Railyards Blvd <b>USE CROSSWALK</b>	49	85.0mi
→	Right	Turn right onto 7 <sup>th</sup> St	50	85.6mi
←	Left	Turn left onto F St	51	85.9mi
←	Left	Turn left onto 8 <sup>th</sup> St	52	86.0mi
→	Right	Turn right onto E St	53	86.1mi
↑	Cont	At traffic circle, continue straight		86.5mi
←	Left	Turn left onto 19 <sup>th</sup> St	54	86.9mi
→	Right	Turn Right onto C St	55	87.1mi
←	Left	Turn Left onto Sacramento Northern Bikeway	56	87.1mi
→	Right	Turn Right to stay on Bike Trail	57	87.6mi
X	Cross	Cross Bridge over American River		87.8mi
→	Right	Turn Right onto Bike Trail towards William Pond Park ( <b>Under Hwy 160</b> )	58	88.3mi
←	Left	Turn left onto path at William Pond Park towards Arden Way exit	59	99.2mi
↑	Cont	Continue onto Arden Way exiting William Pond Park <b>SINGLE FILE</b>		99.3mi
←	Left	FINISH: Turn left into Bella Bru Parking Lot <b>WATCH FOR TRAFFIC</b>	60	100.0mi

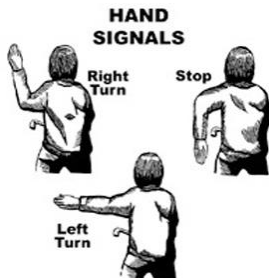
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83.3

Even if you obey all traffic laws, there is always a risk of being hit by a motorist who is not obeying the laws or who simply does not see you. Ride carefully—vehicles waiting at stop signs, in driveways or parking spaces may suddenly pull out in front of you. Watch for vehicles that have just passed you and may turn right, as well as vehicles coming the opposite way that may turn left in front of you. Be prepared to stop or take evasive action. **You must obey all stop signs and traffic lights at all times!**



## Emergency Contacts

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